

# UMRAH

## Guidebook



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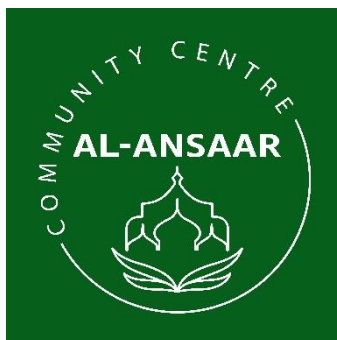
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# THE PURPOSE OF UMRAH

Umrah is often referred to as the 'lesser' or 'minor' pilgrimage. It is an act of worship undertaken by Muslims and involves pilgrims travelling to the blessed city of Makkah; where the revered Ka'aba stands as the epicentre of Islamic faith and the focal direction of worship, and performing a set of blessed rituals.

The Prophet Muhammad (peace and blessing be upon him) emphasized the importance of Umrah in several Hadiths:

***"The pilgrims of Hajj and Umrah are the guests of Allah. If they call Him, He answers them; and if they ask for His forgiveness, He forgives them."*** (Narrated/Authority of Abu Hurairah)

Allah (SWT) says in the Quran: ***"And complete the Hajj and Umrah for Allah"*** (Surah Al-Baqarah, 2:196)

## ORGANIZED BY AL ANSAAR COMMUNITY CENTRE

Al Ansaar Community Centre Umrah offers an opportunity for Muslims to **renew their faith, seek forgiveness, pray for their needs, and be cleansed of their sins.**



# WHY I SHOULD GO TO THIS TRIP?

## 4 Benefits of the Holy Pilgrimage of Umrah

### 1. Guest of Allah SWT, the Creator of the universe

As reported by Abu Hurairah (RA), Prophet Muhammad (PBUH) said, “The guests of Allah SWT are three: The Ghazi (the warrior who fights in Jihad just for the sake of Allah), the Hajji (the pilgrim who performs Hajj) and the Mu’tamir (the pilgrim who performs Umrah).” (Sunan An-Nasa)

### 2. Eradication of poverty

When asked about Umrah’s benefits, Prophet Muhammad (PBUH) said, “Perform Hajj and Umrah consecutively, for they remove poverty and sin as hollers remove impurity from iron.” (Al-Nasai)

### 3. Chance to wipe out all previous sins

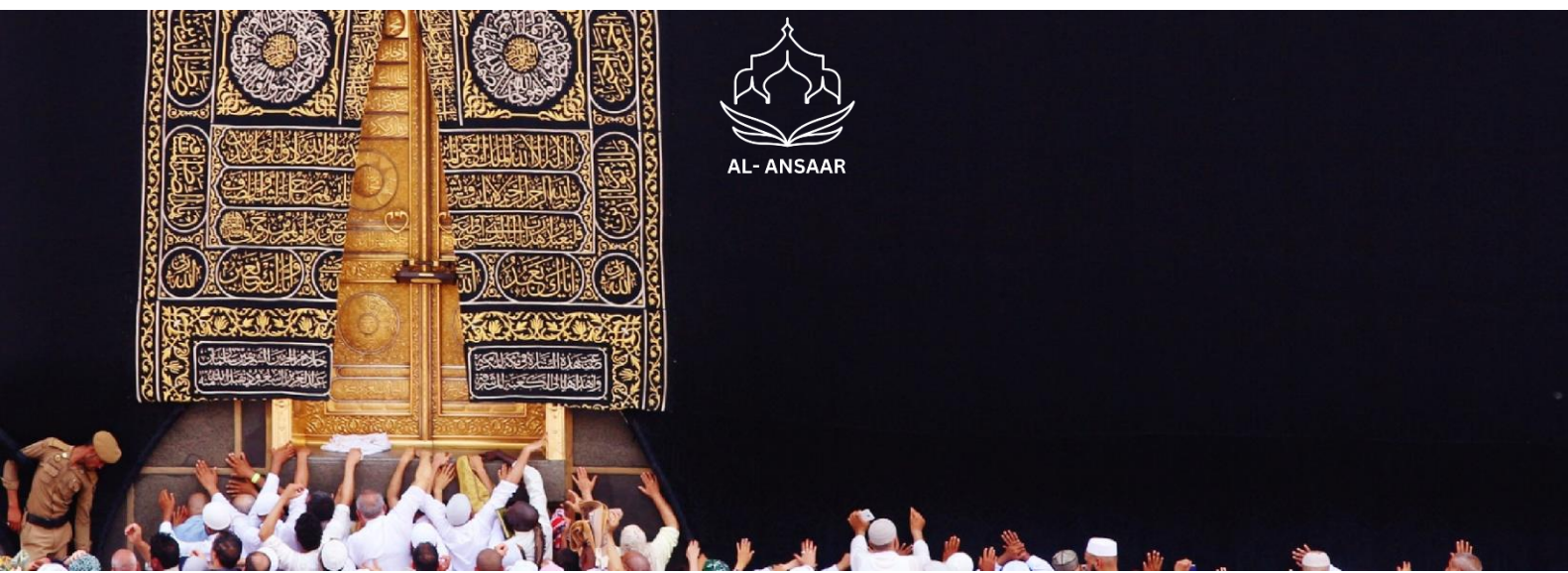
Abu Hurairah (RA) reported that Prophet Muhammad (PBUH) said, “From one Umrah to another is expiation for what comes in between, and ‘Hajj Al-Mabrur’ brings no reward less than Heaven.” (Al-Bukhari)

### 4. Straightens faith

When a person goes to perform Umrah with pure and true intention, every step of the journey works in strengthening their Iman and bringing them closer to Allah SWT.

**Embarking on this Umrah journey with Al Ansaar Community Centre offers a unique opportunity to:**

- Strengthen your faith and spirituality.
- Experience the holy cities of Makkah and Madinah.
- Connect with like-minded individuals in a supportive community.
- Gain a deeper understanding of Islamic rituals and heritage





# WHAT WILL MY TRIP ENTAIL

## TRIP DETAILS

### Flights

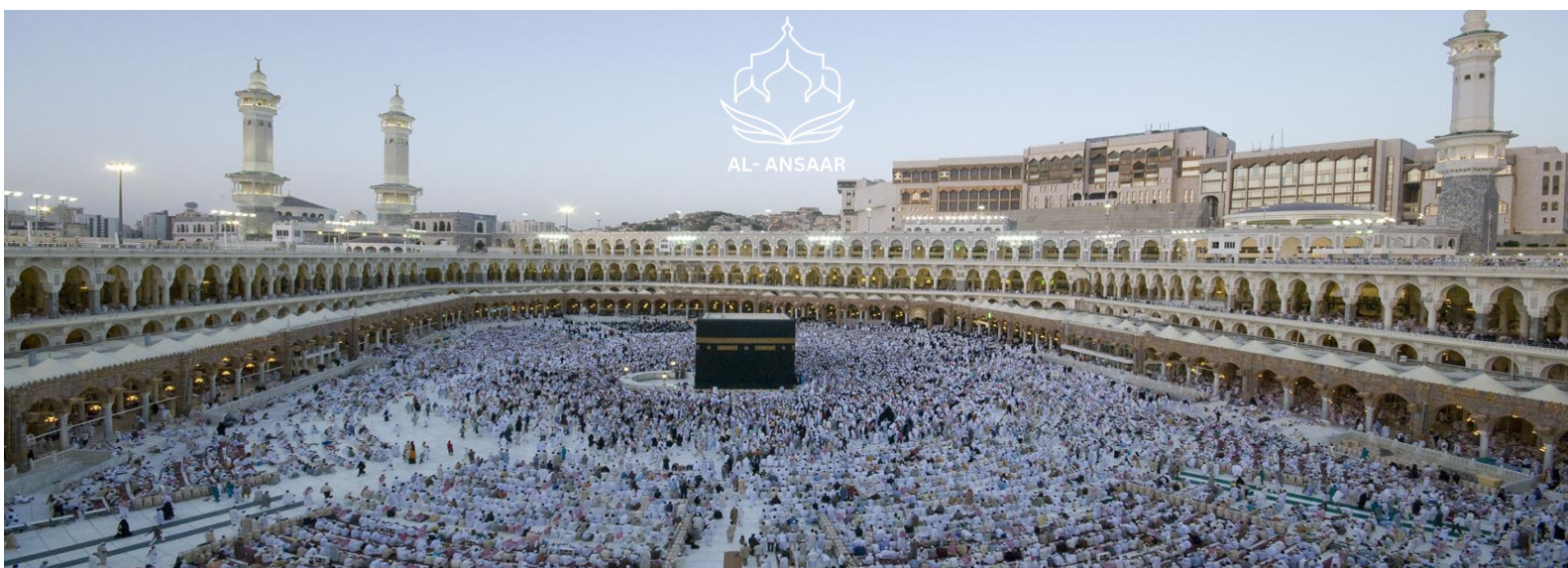
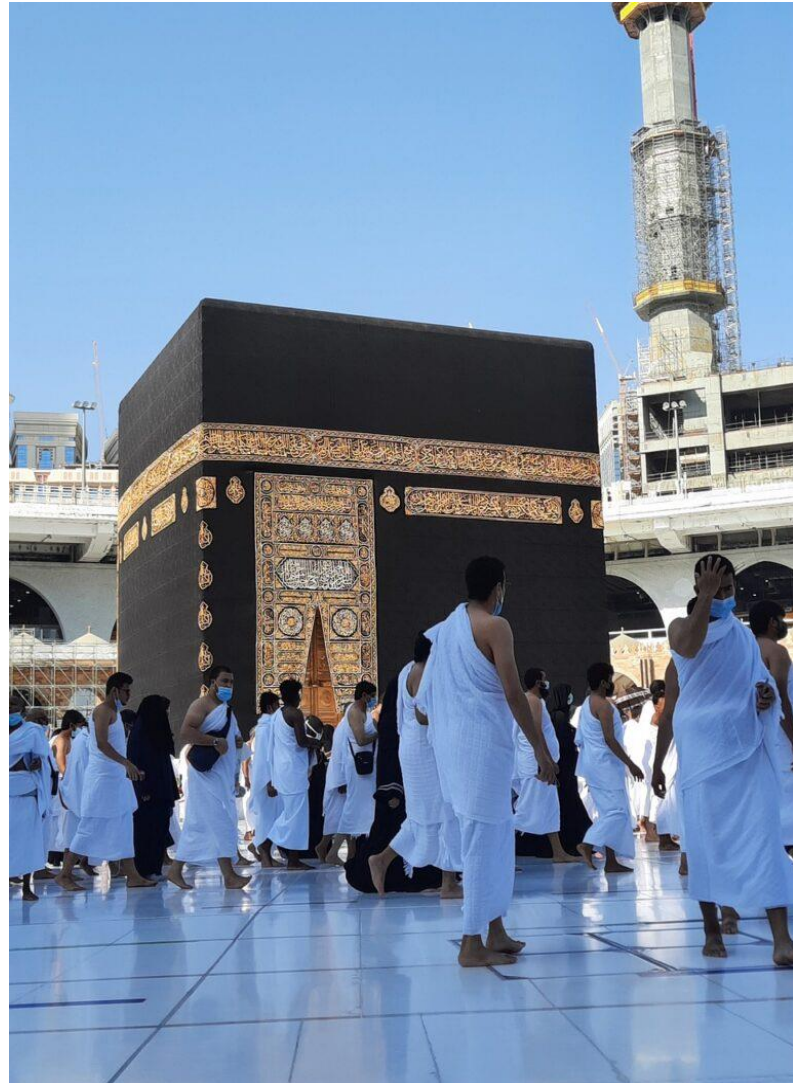
Enjoy your trip with high rated airlines, that ensures outstanding service, comfort, reliability for a seamless journey.

### Arrangement

- Ziyara in Medina and Makkah
- Bullet Train from Jeddah to Makkah
- Guidance by Sheikh Nuru-deen Suraju
- Bullet train from Makkah to Jeddah
- Zamzam 5l to bring back

### Accommodation

- 3 nights in Makkah
- Al Kishwah Hotel in Makkah
- 7 days in Mediana
- Zaha Al Munawwarah in Medina





# ACCOMODATION

## Al Kishwah Towers Hotel



## Zaha Al Munawwarah Hotel





# UMRAH GUIDE

## 1. IHRAM

**Description:** Ihram is the sacred state a Muslim must enter before performing Umrah. It involves wearing special garments and making a sincere intention (*niyyah*) to perform Umrah.

**Men:** Wear two white, unstitched cloths

**Women:** Wear modest, simple clothing that covers the body

**Actions to be done:** Perform ghusl (full-body purification), trim nails, and make the *niyyah* (intention) for Umrah.



## 2. Talbiyah

**Description:** The Talbiyah is a prayer recited by pilgrims during Umrah. It is a declaration of the pilgrim's readiness to perform the pilgrimage and submission to Allah's will.

**Prayer:** "Labbayka Allahumma Labbayk,  
Labbayka La Shareeka Laka Labbayk,  
Inna AlHamda Wal-Ni'mata Laka Wal-Mulk,  
La Shareeka Lak.

(Here I am, O Allah, here I am. Here I am, You have no partner, here I am)

**Timing:** Recite it continuously from the time of entering Ihram until the start of Tawaf.



TALBIYAH

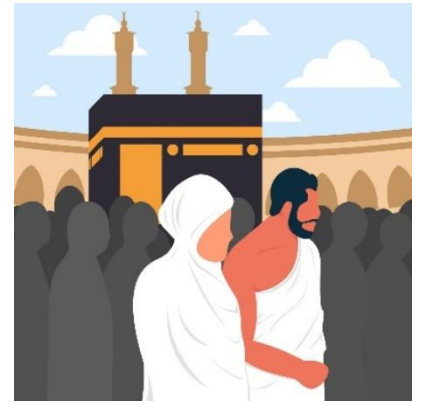


### 3. TAWAF

**Description:** Tawaaf is the act of circumambulating the Kaaba seven times in a counterclockwise direction.

**Start point:** Begin at the Black Stone (Hajar al-Aswad).

**Actions:** Walk briskly for the first three rounds and then at a normal pace for the remaining four rounds. Recite as prayers and supplications during the Tawaaf!



### 4. 2 Rakah

**Description:** After completing Tawaaf, perform two Rak'ats of prayer.

**Location:** It is preferable to perform this prayer behind Maqam Ibrahim (the Station of Abraham) if possible, but it can be performed anywhere in the mosque.

**Actions:** These are two units of prayer as a way to show gratitude and devotion to Allah



### 5. Zamzam

**Description:** Zamzam water is the sacred water from the Zamzam well in the Masjid al-Haram.

**Actions:** Drink Zamzam water and make du'a (supplication) as it is believed to have healing properties and is a source of blessings.





## 6. SAE'IE

**Description:** Sa'ee is walking back and forth seven times between the hills of Safa and Marwah

**Start point:** Begin at Safa and end at Marwah.

**Actions:** Recite as prayers and supplications while walking! This act commemorates Hagar's search for water for her son Ishmael.



## 7. HAIRCUT

**Description:** This is the final step of Umrah where pilgrims cut a small portion of their hair

**Men:** Shave their heads or cut a portion of their hair

**Women:** Cut a small part of their hair, approximately a fingertip length.

**Significance:** This act symbolizes the end of the state of Ihram and the completion of Umrah



# TRIP ITINERARY

## Day 1:

- Depart from Adelaide, Australia to Saudi Arabia

## Day 2:

- Arrival in Jeddah Transfer to Makkah with Bullet train
- Arrival to hotel and getting ready for first Umrah

## Day 3:

- Second umrah before fajr
- Ziyara in Makkah

## Day 4:

- Third umrah before fajr
- Leaving Makkah to Madinah with bullet train

## Day 5:

- Arrival in Madinah
- Visit to the Masjid Nabawi
- Visit to Masjid Quba after Isha for prayer (optional)

## Day 6:

- Ziyara in Madinah
- Visit to Masjid Quba after Isha for prayer (optional)

## Day 7:

- Museums in Madinah
- Visit to Masjid Quba after Isha for prayer (optional)

## Day 8:

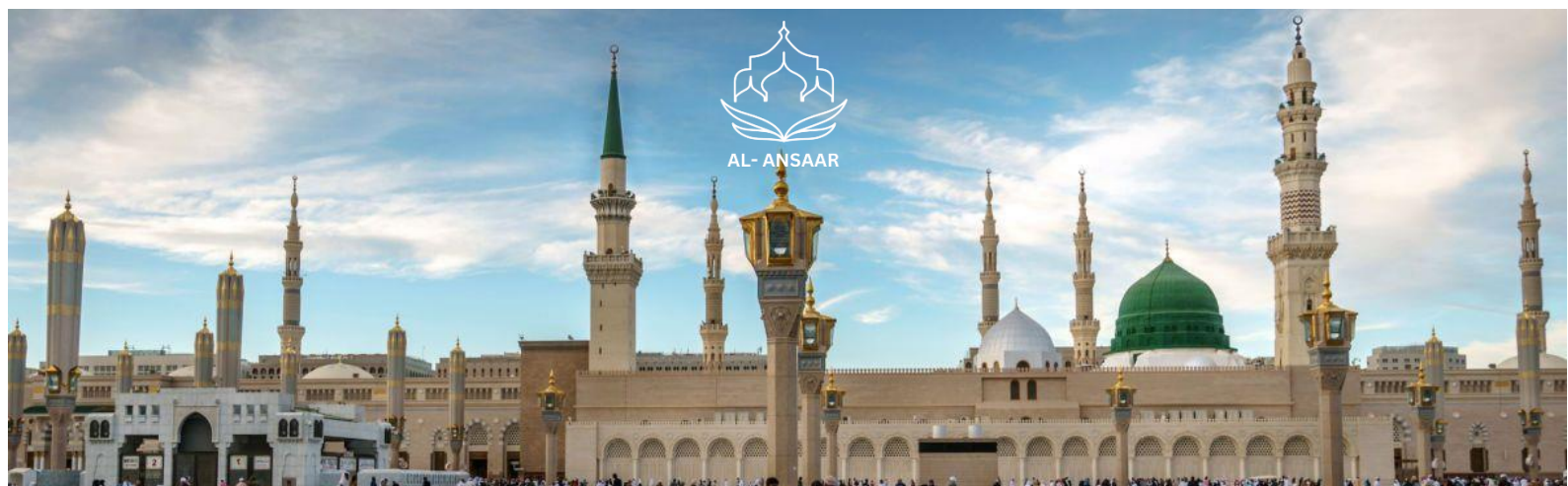
- Spend a day in Madina
- Visit to Masjid Quba after Isha for prayer (optional)

## Day 9:

- Spend a day in Madina
- Visit to Masjid Quba after Isha for prayer (optional)

## Day 10:

- Leaving Madinah with bullet train back to Jeddah for final departure to Australia

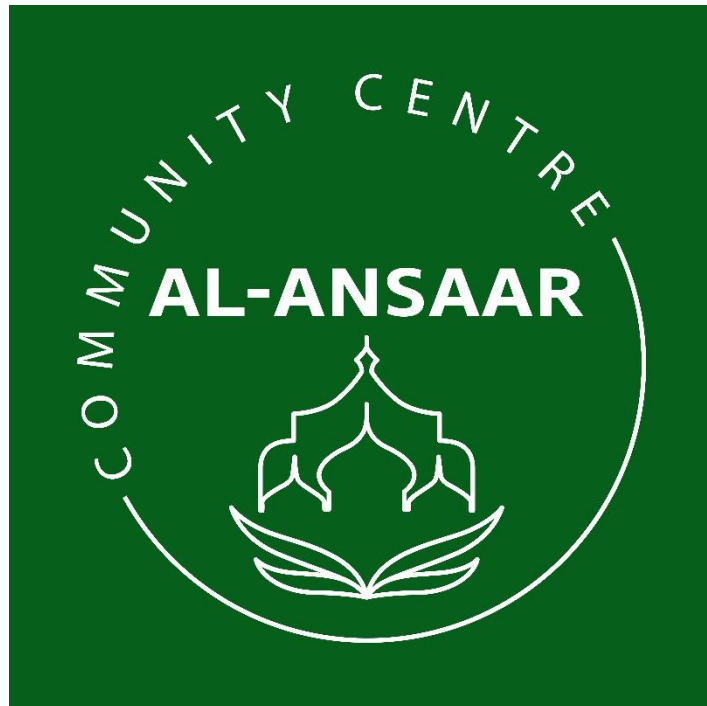




# UMRAH ESSENTIALS

NECESSARY	TOILETRIES	MEDICINES	MISC
Passport ticket	Miswak Toothbrush, toothpaste	Regular medication	Universal adaptor
Visa photocopies	Non-perfumed Soap shampoo	Tablet for nausea vertigo	Earplugs
Vaccination card	Brush, comb	Pain relief	Face mask
Money	Nail cutter, scissors	Antibiotic	Smacks, biscuits etc
Important contact number	Pocket tissues, wet (unscented)	Throat lozenges, anti-allergy	Zip lock bags
Small Quran & Dua Book	Deodorant	Cord & Flu relief	
Mobile Phone Charger	Vaseline	Band-Aids	
	Sanitiser	Anti-bacteria cream	
	Safety pins		

“An opportunity to reset your spiritual compass and find yourself closer to Allah.”



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